

OFFICIAL CROATIAN MASSAGE & MANUAL THERAPY CHAMPIONSHIP

FEEL & HEAL FESTIVAL – 2ND EDITION

Registration Form

Dear Participants,

We are excited to announce the **2nd Edition of the Feel & Heal Festival – the Official Croatian Championship of Massage and Manual Therapy!**

This landmark event brings together a vibrant collaboration of Croatian academies, schools, private clinics, and enthusiasts, along with the esteemed **World Federation of Massage – Manual Therapy – Nuad Thai**. It is held with the significant support of the **Italian Ministry of Health and Sports**, as well as the **Italian Association of Surgeons, Dentists, Psychologists, and Psychiatrists**.

Join us in celebrating the **art, science, and professionalism** of massage and manual therapy like never before!

The championship provides a platform for participants to **showcase their skills and innovations** in massage and manual therapy, **inspire professional growth**, and **build a community** of passionate professionals dedicated to excellence.

MAIN CATEGORIES

The championship features two main categories:

- **Wellness**
- **Manual Therapy**
- *Nuad Thai & Asian Manual Therapy*

Each participant must compete with **two massage styles per category**.

In the **Free Style** category, competitors can combine various techniques for problem-solving.

Only in the **Manual Therapy** category do participants demonstrate their expertise by addressing specific health issues during each round.

Each massage session will be evaluated by a panel of **international judges (doctors)** specializing in various massage techniques. Participants are encouraged to demonstrate **originality, technical proficiency, and professional standards**.

WELLNESS CATEGORIES

- Aesthetic Massage
- Western Freestyle
- Wellness & Spa
- Face Massage
- Beginner (Student)

MANUAL THERAPY CATEGORIES

(For licensed health professionals only)

1. **Therapeutic Aesthetic Massage** – Focused on body balance, circulation, and toning. Includes lymphatic, anti-cellulite, face, and aesthetic therapeutic techniques.
2. **Deep Tissue & Sports Massage** – Focused on recovery, pain relief, and performance. Includes Deep Tissue, Sports, and Myofascial techniques.
3. **Functional & Physiotherapeutic Manual Therapy** – Includes Physiotherapy, Kinesiotherapy, and Khan Therapy. Focused on correction, mobilization, and functional integration.
4. **Orthopedic & Structural Manual Therapy** – Covers Osteopathy, Chiropractic, and other structural correction techniques.
5. **Integrative & Holistic Massage Styles** – Combines Ayurvedic, Lomi Lomi, Reflexology, and other holistic approaches.
6. **Classic Swedish Massage** – Traditional European relaxation and circulation techniques.
7. **Western Freestyle Manual Therapy** – Open creative category for innovative manual therapists.
8. **Khan Therapy** – Reserved for Khan Therapy representatives.

WORLD NUAD THAI & ASIAN MANUAL THERAPY CHAMPIONSHIP

1. **Thai Traditional (Cha Loi Sak)**
2. **Thai Freestyle** – Includes Tok Sen, Thai Yoga, Oil, and Contemporary styles.
3. **Asian Freestyle** – Covers Shiatsu, Bamboo, Tui Na, Reflexology Chains, Herbal Ball, Gua Sha, Balinese, and other Asian techniques.

EVENT PROGRAM

The championship will take place in **Zagreb, April 24–26, 2026**, at **Češki Narodni Dom, Pavla Šubića 20, 10000 Zagreb, Croatia**.

The event offers a unique opportunity to engage with fellow professionals, gain insights from expert workshops, and immerse yourself in a highly professional and inspiring environment.

WHY PARTICIPATE?

- **Expert Support:** Organized in collaboration with doctors and therapists, offering professional feedback and networking opportunities.
- **Workshops:** Access specialized workshops designed to refine your skills, introduce innovative techniques, and explore emerging trends in massage and manual therapy.
- **Recognition:** Showcase your expertise on an international stage and earn prestigious awards that celebrate your skill and dedication.

REGISTRATION REQUIREMENTS

1. Complete the **official registration form** on the event website (mandatory).
2. Pay the **registration fee (€200)** plus any selected workshop fees via **PayPal or bank transfer**. Upon completion, you will receive a **certificate of participation**.
3. Submit the required documents:
 - Professional photo (mandatory)
 - Optional promotional video showcasing your technique

IMPORTANT NOTICE:

- Incomplete registration (missing required information) will be considered **invalid**.
- Registration is valid **only after submission and signature** on the official website of the **World Federation of Massage – Manual Therapy – Nuad Thai**.

Deadlines:

- Registration closes on **April 10, 2026**.
- **No refunds** will be issued in case of withdrawal. Please confirm your availability before registering.

PRIZES

- **World Federation Special Awards:** For exceptional skill and innovation.
- **Super Cups:** Awarded to champions of Wellness, Nuad Thai, and Manual Therapy.
- **Medals:** For top performers in each category and style.
- **Special Awards:** For outstanding professionalism, creativity, and technique.
- **Training Courses:** Winners gain exclusive discounted access to advanced training courses sponsored by supporting organizations.

RULES

- Participants must select **one main category** (Wellness, Nuad Thai, or Manual Therapy) and specify their massage styles during registration. Selections **cannot be changed** once submitted.

- Participants must bring their own **sheets, towels, and accessories**. Oils and beds will be provided.
 - **Accommodation** is the participant's responsibility. We recommend using booking platforms such as **Booking.com**.
 - **Professional behavior** is mandatory. Unprofessional conduct may lead to **disqualification**.
 - Adherence to the event schedule is required. **Late arrivals** may affect evaluation results.
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ARRIVAL & ON-SITE REGISTRATION

- **VIP Training Workshops:** April 24, 2026, at 10:00 AM (included in the registration fee).
- Participants are advised to **arrive on April 23, 2026**.
- **Official Meeting:** April 24, 2026, at 6:00 PM for all participants, judges, and organizers.

Category Selection:

Each participant must select one main competition category and two massage styles for the regular rounds (two showcases), plus one optional style for the final round.

In **Manual Therapy**, participants may simulate real clinical cases (e.g., stiff neck, lower back pain). This includes explaining the diagnostic reasoning and demonstrating the treatment strategy before and after the session.

If fewer than **five participants** register for a particular style, it will be **merged** with the most similar category.

COMPETITION DURATION

- **Wellness Category:** 60 minutes per round (5-minute explanation + setup).
 - **Manual Therapy Category:** 45 minutes per round (10-minute clinical presentation + therapy).
 - Finals: Sunday afternoon (60 minutes each).
 - **Awards Ceremony:** Sunday, 7:00 PM.
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JUDGING CRITERIA

Wellness Category:

- Technique
- Flow and movement
- Communication
- Innovation

- Session objectives
- Ergonomics
- Maneuver effectiveness
- Use of tools/products
- Client coverage

Manual Therapy Category:

- Clinical evaluation and reasoning
- Postural ergonomics
- Hygiene
- Innovation and technique precision
- Respect for original method
- Time management
- Effectiveness
- Patient education

Participants must not request feedback or scores during or after judging.

REGISTRATION & PAYMENT DETAILS

- **Registration Fee:** €200 (Deadline: April 10, 2026)
- Submit a **professional-quality photo** (no selfies).
- Optional: Send a 2-minute promotional video via **Telegram** to +385995427023.

Bank Transfer Information:

- **Account Holder:** Udruga za razvoj svijesti i zdrav život
- **Bank:** PBZ Zagreb
- **IBAN:** HR19 2340 0091 1105 9304 5
- **SWIFT:** PBZGHR2X
- **Payment Reference:** [Name] [Surname] – Championship Registration (Wellness or Manual Therapy)
- **Email payment proof to:** croatianmassagechampionship@yahoo.com

PARTICIPANT GUIDELINES

- Non-English speakers may bring a translator for general communication.
- Personal sponsor clothing is allowed if appropriate.
- Participants must bring their **own sheets, towels, and tools**. Oils and massage tables will be provided.
- Early setup before being called is **prohibited**.
- In the Wellness category, **chiropractic or osteopathic manipulations are not allowed**.
- All participants must act as **models** for other competitors unless a valid medical certificate is provided.

- Proper **coverage** of the recipient is required at all times.

In the **Manual Therapy** category, coverage is not evaluated, but privacy must always be respected.

Judges will intervene in cases of **unsafe techniques** or **inappropriate behavior**.

Photography and filming are prohibited during performances. Official media coverage will be provided by the organization.

Participants automatically consent to the use of official photos and videos for promotional purposes.

Each participant is responsible for their **own insurance**.

CODE OF CONDUCT

- Maintain **respectful and professional behavior** toward judges, colleagues, and organizers.
- Keep all devices **on silent** during the event.
- Maintain **excellent personal hygiene** and wear professional attire.
- Secure personal belongings during breaks.
- Repeated or serious violations will result in **disqualification** without refund.

All official media from the event will be shared on the championship's **website and social media**. Participants must credit their participation as:

“Official Croatian Championship of Massage and Manual Therapy – World Federation of Massage, Manual Therapy & Nuad Thai.”

With warm regards,

Dr. Awudi Atitsogbui – President & International Coordinator, FMMTMNT

Ante Antić – Vice President of Croatia for Massage and Manual Therapy

Jonathan van Put – CEO, FMMTMNT