

**OFFICIAL ITALIAN MASSAGE CHAMPIONSHIP – MANUAL THERAPY – NUAD
THAI & SUPER CUP ITALY 2026 ©® – 3RD EDITION**



Naga®



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CENTRO STUDI DI POSTUROLOGIA APPLICATA



**OFFICIAL WORLD FEDERATION
OF MASSAGE
MANUAL THERAPY
NUAD THAI**



**CAMPIONATO UFFICIALE
ITALIANO DI MASSAGGIO
E TERAPIA MANUALE**



SECOND WORLD CHAMPIONSHIP APPROVED

OFFICIAL ITALIAN MASSAGE CHAMPIONSHIP – MANUAL THERAPY – NUAD THAI & SUPER CUP ITALY 2026 ©® – 3RD EDITION

We are pleased to invite you to the **3rd Edition of the Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy 2026 ©®**.

The **third edition** of the Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy 2026 ©® is divided into the following **main categories**:

- **BEGINNER** (*Only for students or massage therapists with less than one year of proven experience*)
- **WELLNESS**
- **MANUAL THERAPY**
- **NUAD THAI**

For all main categories, participants may choose from the following massage styles to compete:

MAIN CATEGORY: WELLNESS

- **Beginner** (*Only for students or massage therapists with less than one year of proven experience*)
- **Aesthetic Massage**
- **Free Style Massage**
- **Wellness & Spa Massage**
- **Facial Massage**
- **Four-Hands Massage** (*Registration of both competitors is mandatory*)
- **Master Massage** (*Reserved for Cup or Medal winners only*)

MAIN CATEGORY: MANUAL THERAPY

- **Beginner** (*Only for students or massage therapists with less than one year of proven experience*)
- **Therapeutic Aesthetic Massage**
- **Classic Swedish Massage**
- **Freestyle Massage**
- **Deep Tissue and Sports Massage**
- **Ayurvedic Medicine**
- **Osteopathy**
- **Physiotherapy**
- **Chiropractic**
- **Kinesiology**
- **Integrative Holistic Therapeutic Massage**
- **Master Massage** (*Reserved for Cup or Medal winners only*)

MAIN CATEGORY: NUAD THAI

- **Beginner** (*Only for students or massage therapists with less than one year of proven experience*)
- **Asian Free Style Massage**
- **Shiatsu Masunaga**
- **Chinese or Thai Reflexology**
- **Thai Obstetric Massage**
- **Thai Yoga Massage**
- **Cha-Loi-Sak or General Thai Massage**
- **Thai Oil Massage**
- **Traditional or Contemporary Thai Massage**
- **Master Massage** (*Reserved for Cup or Medal winners – express your highest mastery!*)

SUPER CUP ITALY ©®

Dissemination is the primary goal of our Federation, and it is from this mission that the “**Super Cup Italy ©®**” was born. This **special award** makes our event a unique category, distinct from any other massage competition.

This is not a simple championship trophy, but rather an **Institutional Cup** that **Italy awards to another nation** in recognition of its value. This cup will be won by the **most prestigious nation**, the one that scores the **highest total points**.

The prize can only be won by **teams representing the same foreign nation**. Even if the competitors from the same country do not know each other personally, their **individual points will contribute collectively**, increasing the chances that their nation will win this **one-of-a-kind award**.

The **Super Cup Italy** was created to **break down the barriers** that are often seen in massage championships, where many competitors focus solely on individual performance. The Federation believes that a **more united world of massage** can positively transform the quality and perception of this profession in all its aspects.

EVENT PROGRAMME

The **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026** will take place on **6–8 March 2026 in Rome**, offering **workshops and educational meetings** in addition to the championship itself.

The **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026** will be held on **7 and 8 March 2026 in Rome**.

CHAMPIONSHIP VENUE

Starhotels Metropole, Via Principe Amedeo, 3, 00185 Roma RM



1) A THOUSAND OPPORTUNITIES, ONE UNIQUE EVENT

The **3rd Edition** of the Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026 offers participants the opportunity to take part in **unique experiences**, thanks to special packages designed for all attendees.

Participants will have the chance to follow specific **training sessions and workshops**, in addition to the championship, or to register exclusively for the **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026**, or to experience **both**, thus enriching their **cultural, educational, and spiritual growth**.

COMPLETE ACTIVITIES PACKAGE

This prestigious offer has been created by our organisation to allow participants to **fully experience all three days** of the event.

With this package, participants will be able to:

- **Attend training workshops** on 6 March with renowned masters and instructors from around the world. At the end of the programme, a **final diploma** will be issued by the **World Federation of Massage – Manual Therapy – Nuad Thai**, recognised both **nationally and internationally**.
- **Register for and participate** in the **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026** on **7 and 8 March 2026**.
- **Attend the final evening and awards ceremony**.

Participation fee: €250 until **31 January 2026**, instead of €350

TRAINING ACTIVITIES PACKAGE

This prestigious offer has been designed by our organisation to allow participants to take part **only in the training day** of the event.

With this package, you will be able to:

- **Attend training workshops** on **6 March** with renowned masters and instructors from around the world. At the end of the programme, a **final diploma** will be issued by the **World Federation of Massage – Manual Therapy – Nuad Thai**, recognised **nationally and internationally**.
- **Attend the competition as a spectator**.
- **Participate in the final evening and awards ceremony**.

Participation fee: €100 until **1 January 2026**, instead of €150.

CHAMPIONSHIP PACKAGE

The prestigious “**Championships**” offer was created by our organisation to allow participants to experience **exclusively the Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026**.

With this package, you will be able to:

- **Register for and participate** in the **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026** on **7 and 8 March 2026**.
- **Attend the final evening and awards ceremony.**

Participation fee: €150 until **31 January 2026**, instead of €200.

CHAMPIONSHIP WITH FRIENDS! PACKAGE

Limited-time offer “Championships with Friends!” — a limited edition promotion at **€100** until **1 January 2026!**

This incredible offer was created for **friends who wish to experience the championship together**, making participation easier and more accessible.

But be careful — this **special offer will not be available after 1 January 2026!**

Registration includes:

- **Registration and participation** in the **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026** on **7 and 8 March 2026**.
- **Access to the final evening and awards ceremony.**

Participation fee: €100 until **1 January 2026**.

2) REQUIRED DOCUMENTATION AND REGISTRATION DEADLINE

To participate in the championship, you must:

- **Complete the registration form** on the official website (at **section 4**).
- **Purchase the most suitable package** for your needs via **PayPal**, available after the registration form.
- **ATTENTION:** If one or more required fields are missing in the form, **the registration will not be considered valid.**
- **ATTENTION:** In case of registration and subsequent decision **not to participate**, the **participation fee will not be refunded.**
- **ATTENTION:** Registration must be completed through the **official form** on the Federation’s website:
<https://fmmtmnt.com/registrazioni-campionato-ufficiale-italiano-di-massaggio-e-terapia-manuale-super-coppa-italia-2026/> (Section 4 is mandatory).
- The **registration deadline** is **23 February 2026**.

3) SPECIAL AWARD "ITALIAN SUPER CUP"

This year, during the **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy ©® 2026**, the Federation will present the **Special Super Cup** — not as a standard championship trophy, but as an **Institutional Cup** that **Italy awards in recognition of another nation's value**.

This **prestigious cup** will be awarded to the **most distinguished nation!**

4) CLASSIC AWARDS

The awards presented in the championships include:

- **Three Super Cups** for the **Wellness, Manual Therapy, and Nuad Thai** champions 🏆
- **156 medals** 🏅🏅🏅
- **10 Merit Awards.**
- **Exclusive gifts** from our sponsors: kits, bamboo sets, oils, creams, uniforms, tools, etc.
- **10 training courses** offered by participating and supporting schools.

5) CHAMPIONSHIP REGULATIONS

The championship will be conducted in compliance with the following regulations.

ARRIVAL AND ON-SITE REGISTRATION

The **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy 2026 ©®** will take place on **6–8 March 2026**. Since the event will start in the morning at **9:00 a.m. on 6 March**, participants are advised to **arrive on 5 March 2026**.

As the **championship itself** will be held on **7 and 8 March 2026**, all competitors are recommended to **arrive in Rome on 6 March**.

Each participant must **cover their own accommodation and meal expenses**.

As the championship will be held in the **historic centre of Rome**, participants are advised to use **Booking.com** to find the B&B that best suits their needs.

For participants arriving at **Roma Termini Station**, the venue is **just a 5-minute walk away**. For those arriving at **Fiumicino Airport**, there are **buses and shuttles** departing every 45 minutes and reaching the city centre in approximately 45 minutes, or you may use the **taxi service**.

The **final registration phase** for badge collection must take place on **6 March**, from **9:00 a.m. to 8:00 p.m.**

A **meeting of participants, judges, and organisers** will be held at **8:00 p.m. on 6 March**.

CATEGORY AND MESSAGE SELECTION

Each participant may choose **only one main category**, but up to **three different massage styles** — two for the regular rounds and one for the potential final — which must be **clearly stated during registration**.

ATTENTION: It is possible to compete **three times with the same massage**, but this is **recommended only for the Free Style category**. Repeating the same massage may not allow participants to fully demonstrate their **skills and abilities**.

ATTENTION: If a **minimum of five participants** per massage style is not reached, that style will be **merged with the most similar one**.

MAIN CATEGORY: BEGINNER

The **Beginner category** is reserved for **students or massage therapists with less than one year of proven experience**, aged **16 or above**.

For **minors**, the **signature of both parents** and the **presence of at least one** during the event are required.

The **Beginner category** has **no restrictions** on the type of massage: it may be performed as **Wellness, Manual Therapy**, or **Nuad Thai**. What matters most is **experience, motivation, and the desire to learn and grow**.

MAIN CATEGORY: WELLNESS

- **Aesthetic Massage** (*Body shaping, body rituals, and any aesthetic treatment*)
- **Western Free Style Massage** (*Combination of various Western massage techniques aimed at relaxation and wellness*)
- **Wellness & Spa Massage** (*Californian Relax, Hawaiian Relax, Holistic Massage, Hot Stone, SPA Rituals, Myorelaxant Massage, etc.*)
- **Facial Massage** (*Any type focused exclusively on the face, including the use of accessories*)
- **Four-Hands Massage** (*Registration of both participants is mandatory*)
- **Master Massage** (*Reserved for Cup or Medal winners, with exceptional technical virtuosity*)

MAIN CATEGORY: MANUAL THERAPY

- **Therapeutic Aesthetic Massage** (*For general therapeutic purposes, including cups, Maderotherapy, Bamboo Massage, and various tools*)
- **Integrative Holistic Massage Styles** (*Lomi Lomi Nui based on Hawaiian medicine, Western or Eastern Reflexology, Reiki, Shiatsu Namikoshi etc.*)
- **Original Classic Swedish Massage**
- **Western Free Style Massage** (*Combining various Western techniques such as mobilisation, cupping, tool massage, bodywork, etc.*)
- **Deep Tissue and Sports Massage** (*Including Gua Sha tools and connective tissue work*)
- **Ayurvedic Medicine and Traditional Indian Massage** (*Including herbs and custom-prepared oils*)
- **Osteopathy**
- **Physiotherapy** (*Any therapy, provided the participant holds a bachelor's degree*)
- **Chiropractic** (*Any therapy, provided the participant holds a degree in healthcare*)
- **Kinesiology** (*Any therapy, provided the participant holds a university degree*)
- **Therapeutic Master Massage** (*Reserved for Cup or Medal winners, demonstrating outstanding skill*)

MAIN CATEGORY: NUAD THAI

- **Beginner** (*Less than one year of experience*)
- **Asian Free Style Massage** (*Combination of various Eastern methods: Anma, Bamboo Massage, Sound Therapy, Herbal Compress, Tibetan Bowls, Thai Massage, etc.*)
- **Chinese and Thai Reflexology**
- **Cha-Loi-Sak or General Thai Massage**
- **Thai Oil Massage**
- **Traditional or Contemporary Thai Massage**
- **Shiatsu Masunaga**
- **Thai Obstetric Massage**
- **Thai Yoga Massage**
- **Therapeutic Master Massage** (*Reserved for Cup or Medal winners, with exceptional technical virtuosity*)

RULES FOR PARTICIPANTS

Participants who do not speak English may bring their own translator for briefings and general communications.

Participants are allowed to wear **personal sponsorship clothing** representing their company or any other outfit suitable for their competition category.

Each participant must bring their **own sheets, towels, and tools**. **Massage oils and creams** will be provided by the organisation thanks to our sponsors, as well as **massage tables and mats** for **Traditional Thai Massage** or **Shiatsu**.

It is **strictly forbidden** to set up the table or workstation before being called to compete.

In the **Wellness category**, **trucks**, **chiropractic**, and **osteopathic manipulations** are **strictly prohibited**.

All participants are required to **receive massages as models** in addition to competing. If necessary, the organisation may assign suitable models or receivers **only in exceptional cases** or for **certified medical reasons**, proven by a **medical certificate**.

Models receiving massages must wear **underwear**, and in the case of female models, the **chest must always remain covered**. Competitors are encouraged to **keep covered all areas of the body that are not being worked on**, especially in the Wellness category (**this is an evaluation criterion**).

Partially or fully uncovered intimate areas may result in **judge intervention** during the performance and potential **disqualification**.

In the **Manual Therapy category**, body coverage will **not be considered for scoring** (as in clinical practice), but participants must exercise **common sense and care** toward the receiver, especially regarding the coverage of intimate areas. Negligence in this regard will lead to **immediate judge intervention**.

If a judge observes a **dangerous or incorrect manoeuvre** or **improper tool use** that could harm the receiver, they will **intervene immediately**. Such incidents may **affect the evaluation** or even result in **disqualification**.

Cameras and recording devices are not allowed during competition rounds or finals. **Unauthorised recording** may result in **expulsion**.

The **organisation will handle all official photos and videos**, which may later be published on the **official website** and **social media pages**. By registering for the **World Congress of Integrated Medicine, Massage, and Manual Therapy**, participants **automatically grant consent** for this purpose.

Insurance: Each participant's **personal insurance** must cover both the competitor and the model during the event. The organisation **assumes no responsibility** for damages to persons or property during the championship. By registering, participants **automatically accept** this condition.

There is **zero tolerance** for **inappropriate behaviour** during the event. Any **massage of a sensual nature** will result in **immediate disqualification and expulsion** from the championship. By registering, you **automatically consent** to this regulation.

The **organisation will decide the official music** for the event, but participants may use **personal music** via **Bluetooth headphones** if preferred.

COMPETITION TIME AND DURATION

Each competition round will last **60 minutes** for the **Wellness** and **Nuad Thai** categories, and **45 minutes** for the **Manual Therapy** category (the remaining 15 minutes will be used to present a **preliminary diagnosis**).

Participants will be called **15 minutes before their scheduled turn** to prepare their workstations. Competitors in the **Wellness category** may use **up to 5 minutes** to explain their massage type to the judges, with the remaining time for setup.

At the end of the competition, held on **Sunday**, judges will meet to determine the **winners** of the **Wellness, Manual Therapy, and Nuad Thai** subcategories.

These winners will compete in the **final round on Sunday afternoon**, which will last **30 minutes** for each category.

Judges will then determine the **Italian Champion** in **Wellness, Manual Therapy, and Nuad Thai**. The winner will be the competitor with the **highest total score**.

At **7:00 p.m.**, the **award ceremony** will take place for the **top three winners** of each subcategory and for the overall champions of **Wellness, Manual Therapy, and Nuad Thai**, as well as the **nation winning the Super Cup Italy**.

COMPETITION JUDGES AND EVALUATION CRITERIA

Judges are carefully selected by the **World Federation of Massage – Manual Therapy – Nuad Thai**, and each represents the **highest level of expertise** in their respective category. Judges will evaluate participants based on the following criteria:

WELLNESS CATEGORY

- **Technique**
- **Flow** (*Concentration, rhythm, and fluidity of movement*)
- **Communication and empathy** with the receiver
- **Innovation**
- **Purpose of the session**
- **Operator ergonomics**
- **Effectiveness of manoeuvres**
- **Use of products or tools**
- **Coverage and comfort** of the receiver

MANUAL THERAPY CATEGORY (ALSO VALID FOR NUAD THAI)

- **Anamnesis**
- **Patient evaluation and testing**
- **Clinical reasoning**
- **Postural ergonomics** of operator and patient
- **Hygiene**
- **Innovation of technique**
- **Respect for the original method**
- **Session time management**
- **Effectiveness of manoeuvres**
- **Effectiveness of treatment at session end**
- **Patient education after treatment**

Participants are **strictly prohibited** from asking for **feedback or scores** from judges during or after their competition.

By participating, all competitors **accept the rules and terms** contained in these regulations. Violations or formal complaints may result in **exclusion** from the championship. The organisation **declines all responsibility** for any accident or damage occurring before, during, or after the competition. By registering, participants **automatically consent** to these terms.

6) REGISTRATION AND PAYMENTS

Registration must be completed by **23 February 2026**.

It can be completed by filling out the **official registration form** on the Federation's website: <https://fmmtmnt.com/registrazioni-campionato-ufficiale-italiano-di-massaggio-e-terapia-manuale-super-coppa-italia-2026/>

(All required fields are mandatory. Missing data will render the registration invalid.)

Registration fees:

- "Championship with Friends" registration by **1 January 2026** - **€100**
- "Championship" registration by **31 January 2026** - **€150**
- "Championship" registration from **1 to 23 February 2026** - **€200**
- "Training Activities" registration by **1 January 2026** - **€100**
- "Training Activities" registration from **2 January to 23 February 2026** - **€150**
- "Complete Activities" registration by **31 January 2026** - **€250**
- "Complete Activities" registration from **1 to 23 February 2026** - **€350**

A **professional photo in high resolution** is mandatory (no selfies). A **personal two-minute video reel** may also be submitted (optional) via **Telegram** to **+39 3930175615**.

ATTENTION: Missing one or more required documents will invalidate registration.

If PayPal payment is not possible, payment may be made by **bank transfer** to the following details:

BANK DETAILS

Account holder: FEDERAZIONE DEL MONDO DI MASSAGGIO

IBAN: IT06N0501804000000020000262

Payment reference: Full name + registration for category (Wellness, Manual Therapy, or Nuad Thai)

Bank: Banca Etica

CODE OF CONDUCT

During the championship, all participants must maintain a **dignified and respectful attitude** towards **judges** and **colleagues**, fostering a calm and cooperative atmosphere to ensure the success of the event.

All **phones and electronic devices** must be set to **silent mode** to allow full attention and focus.

Participants are expected to maintain **excellent personal hygiene** and **appropriate professional attire**.

During breaks, participants are **responsible for their own belongings**, as the organisation **declines all responsibility** for any loss.

Participants who repeatedly **violate instructions** from instructors, staff, or venue personnel, or **disrupt** the smooth running of the event, may be **excluded** from all activities.

In such disciplinary cases, **no refund** will be issued.

All **photos and videos** taken during the Championship may be **published** on the official website and social media of the **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy 2026 ©®**.

Any participant sharing photos or videos — official or unofficial — must **always include** the caption: **“Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy 2026 ©®”**

LEGAL INFORMATION

The **Official World Championship of Massage and Manual Therapy ©®**, the **Official World Championship of Traditional Nuad Thai ©®**, the **Official World Children’s Massage Championship ©®**, the **Official Italian Championship of Massage – Manual Therapy – Nuad Thai & Super Cup Italy 2026 ©®**, the **Judge App ©®**, and above all **Hòlos: World Congress of Integrated Medicine, Massage and Manual Therapy ©®**, are **unique events, legally registered under Italian law**, and are the **exclusive property** of the **World Federation of Massage – Manual Therapy – Nuad Thai ©®**.

Any **reproduction or imitation** of this project or format in other regions or countries **without the consent and supervision** of the Federation will be **legally challenged in court**.

ACCEPTANCE

By completing the registration form, providing personal details, and submitting payment, participants **fully accept all terms and conditions**, acknowledging that they have **read and understood** the rules and information shared by the **World Federation of Massage – Manual Therapy – Nuad Thai**.